The new, fully-updated second edition of the definitive, comprehensive guide for people with mobility impairment who want to get out there and live a full, active life. Supported throughout with the voices of many wheelers, Life On Wheels strikes a clear, objective tone — here’s how this works, here’s how people do this. Topics include Healthy Disability, Wheelchairs, Home Modification, Intimacy, Disability Experience and more.

“...well-researched information, tough-minded advice, humor; a superb chapter on sexuality, and perhaps the best distillation of the disability experience.” — Barry Corbet, New Mobility

“An invaluable tool.”
— Peter Wilderotter, The Reeve Foundation

From There To Here
Stories of Adjustment to Spinal Cord Injury
Forty-five intimate essays by a remarkable array of people, sharing their deep, authentic process of adjustment to spinal cord injury. Co-edited with Stanley Klein Ph.D., each is 2000 words long, starting with the shock of unexpected trauma, and moving reassuringly to a renewed and meaningful life. One may take many different paths, bring many coping tools to bear — all exhibited here in honest, engaging detail.

“These testimonials to the power of the human spirit are an inspiration to all of us.”
— Christopher Reeve

“I emerged grateful for the bone-crushing honesty of these stories. A far cry from Hollywood’s disability-of-the-week victim movies!” — John Callahan

Disability & the Art of Kissing
Questions and Answers on the True Nature of Intimacy
Brief yet insightful commentaries on the many aspects of sexuality and intimacy, viewed through the context of disability. Is sex possible with a disability? You bet. For some there is loss and a period of adjustment, for others, disability is simply their lifelong identity. Regardless of the disability, our need for intimacy and love is undiminished, and this particular journey reveals much about its true nature.

“An honest and practical guide written with sensitivity and creativity. Move over Dr. Ruth!”
— Bethlyn Houlihan, Boston Medical Center

“Love it, love it, love it.” — Kris Cichowski, RIC

“Represents the real voices of people with disabilities.” — Linda Mona, Ph.D.

Choosing A Wheelchair
A Guide for Optimal Independence
This book is required reading for anyone approaching the purchase of a wheelchair. The modern wheelchair has advanced in remarkable degrees in recent history — which means there are many more options to make sense of during the selection process. Every aspect is explained in clear, understandable language to help you make the array of choices in what has become an increasingly complex process.

“Gary Karp encourages a view of the wheelchair as a means to freedom rather than as a restricting piece of machinery.”
— Canadian Journal of Occupational Therapy

“Karp has written a practical guide, highly-recommended for disability and consumer health collections.” — Library Journal

Gary Karp has been living a full life on wheels since his spinal cord injury in 1973 at the age of 18. In 2007 Gary was inducted into the Spinal Cord Injury Hall of Fame as a Disability Educator.

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